



Coaching Youth Netball: An Essential Guide for Coaches, Parents and Teachers

By Anita Navin

The Crowood Press Ltd, United Kingdom, 2016. Paperback. Book Condition: New. 235 x 165 mm. Language: English . Brand New Book. Coaching Youth Netball is a one-stop resource that will offer coaches, teachers and parents everything they need to deliver fun, dynamic, player-centred practice sessions as well as guidance to how to run a team and a club. Coaches at all levels will find ideas and information that will help them formulate plans to suit their players abilities. Topics covered include practical games and drills; fundamental skills including movement, catching, throwing, passing and shooting; game sense, defensive and attacking skills and ways to manage your team and your club.



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