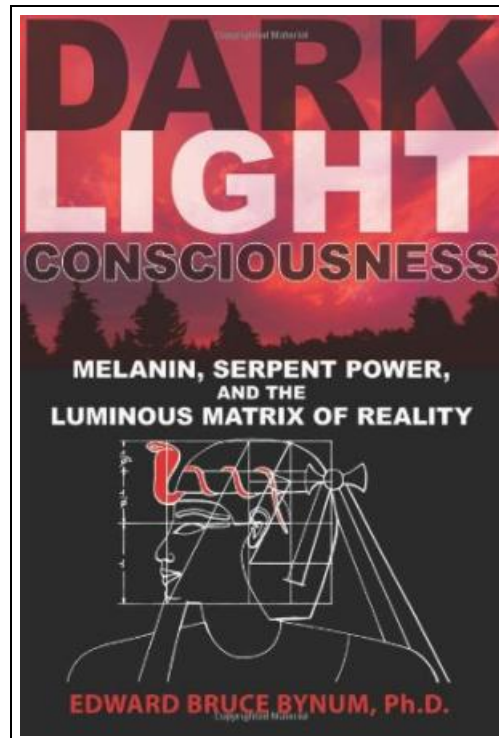


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Reviews

It is fantastic and great. Sure, it is perform, nonetheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Conor Grant)

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Inner Traditions. Paperback. Book Condition: New. Paperback. 368 pages. Dimensions: 8.9in. x 6.0in. x 1.0in. How to awaken the Ureus--the serpent power of spiritual transcendence within each of us--and connect to the superconscious of the universe Reveals the biochemistry of how the body's melanin provides the template for the subtle energy body or light body Shows how embracing the dark light consciousness of the awakened Ureus opens a portal to the sacred darkness of the superconscious Provides illustrated instructions for meditation practices, breathing exercises, and yoga postures to safely awaken UreusKundalini energy Within each of us lies the potential to activate a personal connection to the superconscious. Called Ureus in ancient Egyptian texts and Kundalini in ancient Hindu yoga traditions, our innate serpent power of spiritual transcendence inhabits the base of the spine in its dormant state. When awakened, it unfurls along the spinal column to the brain, connecting individual consciousness to the consciousness of the universe enfolded within the dark matter of space. At the root of creativity and spiritual genius across innumerable cultures and civilizations, this intelligent force reveals portals that enfold time, space, and the luminous matrix of reality itself. Combining physics, neuroscience, and biochemistry with ancient traditions from Africa and India, Edward Bruce Bynum, Ph. D. , explores the ancient Egyptian science of the Ureus and reveals how it is intimately connected to dark matter and to melanin, a light-sensitive, energy-conducting substance found in the brain, nervous system, and organs of all higher life-forms. He explains how the dark light of melanin serves as the biochemical infrastructure for the subtle energy body, just as dark matter, together with gravity, holds the galaxies and constellations together. With illustrated instructions, he shows how to safely awaken and stabilize the spiritual energy of the Ureus through meditation practices, breathing exercises,...



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