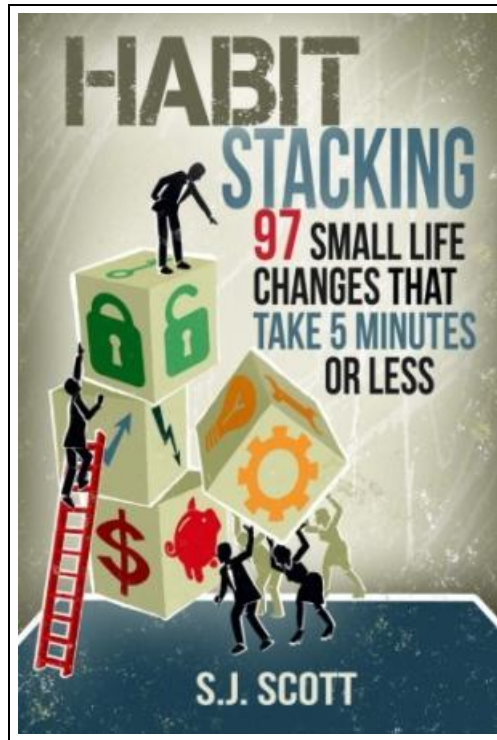


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HABIT STACKING: 97 SMALL LIFE CHANGES THAT TAKE FIVE MINUTES OR LESS



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