



Mindful Business: Inspiring Resilience, Unleashing Innovation

By Daniel J Siegel

BRILLIANCE AUDIO, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. How businesses and leaders can prevent burnout, optimize learning, and sustain creativity in today's 24/7 digital age. This Nalanda Institute workshop unpacks the new science of the high performance brain and explores mindful approaches to optimizing leadership, resilience, and creativity.



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-- **King Wunsch**

This is an amazing publication i actually have at any time go through. It is actually rally interesting through reading through period. Its been developed in an exceptionally straightforward way which is merely following i finished reading through this publication where actually altered me, modify the way in my opinion.

-- **Noah Padberg**