



## The American Way of Eating: Undercover at Walmart, Applebees, Farm Fields and the Dinner Table

By Tracie McMillan

Scribner Book Company. Paperback. Book Condition: New. Paperback. 352 pages. Dimensions: 8.3in. x 5.4in. x 0.9in. When award-winning (and working-class) journalist Tracie McMillan saw foodies swooning over 9 organic tomatoes, she couldn't help but wonder: What about the rest of us? Why do working Americans eat the way we do? And what can we do to change it? To find out, McMillan went undercover in three jobs that feed America, living and eating off her wages in each. Reporting from California fields, a Walmart produce aisle outside of Detroit, and the kitchen of a New York City Applebee's, McMillan examines the reality of our country's food industry in this clear and essential (The Boston Globe) work of reportage. Chronicling her own experience and that of the Mexican garlic crews, Midwestern produce managers, and Caribbean line cooks with whom she works, McMillan goes beyond the food on her plate to explore the national priorities that put it there. Fearlessly reported and beautifully written, The American Way of Eating goes beyond statistics and culture wars to deliver a book that is fiercely honest, strikingly intelligent, and compulsively readable. In making the simple case that city or country, rich or poor everyone wants good food, McMillan...



READ ONLINE  
[ 5.86 MB ]

### Reviews

*This ebook might be worthy of a read, and far better than other. it was writtern really flawlessly and useful. I found out this pdf from my i and dad recommended this ebook to learn.*

-- Prof. Ruben D'Amore PhD

*A top quality ebook and the font used was fascinating to read through. It is writter in easy terms and not confusing. Its been written in an remarkably easy way in fact it is simply after i finished reading through this publication through which actually altered me, alter the way i believe.*

-- Roberto Block